

FAT time = hand time + .24

## **Body in Training Club Records**

### 8 & under girls

100m	15.90FAT	Kiana Siefert	2012
200m	33.7	Kiana Siefert	2012
400m	1:22.99FAT	Riley Teurman	2019
800m	3:04.17FAT	Marin McPeek	2017
1500m	6:13	Riley Teurman	2019
Long jump	11'9.5"	Kiana Siefert	2012
Shot put	16'8"	Amyla Holder	2018
Javelin	48'11"	Hannah Alexander	2014

### 8 & under boys

100m	17.06FAT	Tate Bushong	2018
200m	35.3	Seffrin Smith	2016
400m	1:13.68FAT	Kai Lesnet	2016
800m	2:46	Kai Lesnet	2016
1500m	5:33	Kai Lesnet	2016
Long jump	11'0"	Jack Shinneman	2015
Shot put	18'3.25"	Sam Clark	2014
Javelin	75'3"	Eli Lesnet	2018

### 9-10 girls

100m	15.2	Kiana Siefert	2013
200m	29.77FAT	Kiana Siefert	2014
400m	1:12.27FAT	Kiana Siefert	2014
800m	2:50.06	Brielle Siefert	2017
1500m	5:58	Brielle Siefert	2017
Long jump	13'9"	Kiana Siefert	2014
High jump	3'11.25"	Malina Miller	2014
Shot put	22'10.5"	Hannah Alexander	2016
Javelin	63'8"	Hannah Alexander	2016
Triathlon	1029	Kiana Siefert	2014

### 9-10 boys

100m	14.0	Bryant Scott	2016
200m	29.5	Bryant Scott	2016
400m	1:07.00FAT	Kai Lesnet	2018
800m	2:35.06FAT	Kai Lesnet	2018
1500m	5:08	Alec Moor	2016
Long jump	12'8.75"	Stuart Funke	2015
High Jump	3'11.25"	Stuart Funke	2015
Shot put	28'1.75"	Stuart Funke	2015
Javelin	89'2"	Isaac Ober	2018

Triathlon	569	Stuart Funke	2015
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11-12 girls

100m	13.8	Emily Layton	2014
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200m	30.2	Maria Anderson	2012
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400m	1:09.2	Ellen McCool	2013
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800m	2:26	Maria Anderson	2013
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1500m	5:22	Maria Anderson	2013
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3000m	12:02	Julia Score	2019
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80m hurdles	14.21FAT	Kiana Siefert	2016
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Long Jump	15'6.75"	Kiana Siefert	2016
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High Jump	4'9.75"	Kiana Siefert	2016
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Shot put	31'11"	Paige Perry	2017
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Discus	65'11"	Paige Perry	2017
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Turbo javelin	65'4"	McKenna Clark	2016
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Aero javelin	66'2"	Hannah Alexander	2018
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Pentathlon	2565	Kiana Siefert	2016
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11-12 boys

100m	13.63FAT	Zeke Benedict	2019
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200m	26.94FAT	Zeke Benedict	2019
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400m	1:00.83FAT	Zeke Benedict	2019
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800m	2:26.76	Zeke Benedict	2019
1500m	4:53	Luke Shinneman	2015
3000m	10:22	Luke Shinneman	2015
80m hurdles	14.94FAT	Stuart Funke	2017
Long Jump	14'6.75"	Stuart Funke	2017
High jump	4'4"	Preston May	2016
Shot put	32'6.5"	Stuart Funke	2016
Discus	81'8"	Stuart Funke	2017
Turbo javelin	95'7"	Nate Wright	2014
Aero javelin	89'5"	Sam Clark	2018
Pentathlon	1803	Stuart Funke	2017

### 13-14 girls

100m	13.4	Shelby Tyler	2015
200m	25.7	Maria Anderson	2015
400m	58.21FAT	Maria Anderson	2015
800m	2:22	Maria Anderson	2014
1500m	5:19	Kennedy Applegate	2019
3000m	11:18	Kennedy Applegate	2019
100m hurdles	16.11FAT	Hannah Caruana	2016
200m hurdles	30.48	Kiana Siefert	2017
Long jump	16'10"	Maria Anderson	2015

High Jump	5'3"	Malina Miller	2018
Triple Jump	33'10.25"	Kiana Siefert	2017
Pole vault	8'0"	Shelby Tyler	2015
Shot put	36'1"	Hannah Alexander	2019
Discus	81'9"	Hannah Alexander	2019
Javelin	81'5"	Anna Clark	2017
Pentathlon	2645	Kiana Siefert	2017

### 13-14 boys

100m	11.7	Peyton Forbes	2016
200m	26.3	Joey Basso	2016
400m	59.74FAT	Jacob Beene	2017
800m	2:08.48FAT	Jacob Beene	2017
1500m	4:30	Luke Shinneman	2017
3000m	9:35	Luke Shinneman	2016
100m hurdles	16.40FAT	Stuart Funke	2019
200m hurdles	30.8	Sam Greenaway	2016
Long Jump	19'6"	Peyton Forbes	2016
High Jump	5'11.5"	Peyton Forbes	2016
Triple Jump	35'5.25"	Alex Foster	2013
Shot put	38'1.25"	Stuart Funke	2019
Discus	113'10"	Stuart Funke	2019

Javelin	106'6"	Stuart Funke	2019
Pole Vault	9'0"	Brandon McQuinn	2014
Pentathlon	2235	Stuart Funke	2019

15-16 girls

100m	13.34FAT	Hannah Caruana	2017
200m	27.01FAT	Hannah Caruana	2018
400m	1:12.51FAT	Juliana Fenske	2016
800m	2:42.27FAT	Brynn Eaton	2017
1500m	5:38	Brynn Eaton	2018
3000m	11:35	Brynn Eaton	2018
100m hurdles	15.75FAT	Kiana Siefert	2019
400m hurdles	1:13.72FAT	Allison Fenske	2017
2k steeplechase	8:36	Brynn Eaton	2018
Long Jump	17'1.5"	Kiana Siefert	2019
High jump	5'4"	Shelby Tyler	2016
Triple jump	34'3.5"	Kiana Siefert	2019
Shot put	27'2"	Kiana Siefert	2019
Discus	64'0"	Bethany Hoffman	2015
Javelin	104'11"	Anna Clark	2019
Pole Vault	10'6"	Shelby Tyler	2016
Heptathlon	3451	Kiana Siefert	2019

### 15-16 boys

100m	12.06FAT	Mitchell Conard	2016
200m	24.5	Alex Foster	2015
400m	54.3	Alex Foster	2015
800m	2:07	Jack Mennen	2014
1500m	4:32	Jack Mennen	2014
3000m	10:11	Jason Elmore	2018
110m hurdles	17.4	Jack Mennen	2014
400m hurdles	1:06.30FAT	Noah Cornwell	2018
2000m Steeplechase	7:02	Jason Elmore	2018
Long Jump	20'3.25"	Peyton Forbes	2018
High jump	6'1.5"	Peyton Forbes	2018
Triple jump	39'4"	Alex Foster	2015
Shot put	35'10.5"	Ben Collins	2015
Discus	97'8"	Mitchell Conard	2016
Javelin	135'8"	Ted Wright	2014
Pole Vault	10'0"	Ted Wright	2014
	10'0"	Jack Mennen	2014
Hammer	108'3"	Ben Collins	2014
Decathlon	4660	Mitchell Conard	2016

### 17-18 girls

100m	13.41FAT	Hannah Caruana	2019
200m	27.24FAT	Hannah Caruana	2019
400m	1:08.29FAT	Allison Fenske	2018
800m	2:36.72FAT	Juliana Fenske	2019
1500m	5:34	Peyton Ali	2013
3000m	11:27	Peyton Ali	2015
100m hurdles	17.25FAT	Allison Fenske	2018
400m hurdles	1:15.17FAT	Allison Fenske	2018
2000m Steeplechase	8:12	Peyton Ali	2015
Long Jump	15'5"	Hannah Caruana	2019
High jump	4'6"	Grace Hoffman	2019
Triple jump			
Shot put	27'3"	Alexis Smith	2019
Discus	67'2"	Bethany Hoffman	2018
Javelin	95'11"	Alexis Smith	2019
Pole vault	7'8.5"	Bethany Hoffman	2016

### 17-18 boys

100m	11.49FAT	Mitchell Conard	2019
200m	23.32FAT	Mitchell Conard	2018
400m	51.55FAT	Mitchell Conard	2018



800m	2:20	Noah Kochanowski	2014
1500m	4:31	Jack Mennen	2016
3000m	10:04	Josh Hinderliter	2019
110m hurdles	15.58FAT	Mitchell Conard	2019
400m hurdles	1:00.97FAT	Jack Mennen	2015
2000m steeplechase	7:27	Josh Hinderliter	2018
Long Jump	20'7.25"	Mitchell Conard	2018
High jump	5'10"	Andrew Trosen	2019
Triple jump	36'4.5	Joseph Basso	2019
Shot put	43'1"	Jack Mennen	2016
Discus	120'7""	Mitchell Conard	2018
Javelin	156'11"	Jack Mennen	2016
Pole vault	12'7.5"	Mitchell Conard	2018
Decathlon	6053	Jack Mennen	2016