

FAT time = hand time + .24

## **Body in Training Club Records**

### 8 & under girls

100m	15.90FAT	Kiana Siefert	2012
200m	33.7	Kiana Siefert	2012
400m	1:20.81FAT	Lola Jones	2023
800m	3:03.60FAT	Macey Huseman	2021
1500m	6:13	Riley Teurman	2019
Long jump	11'9.5"	Kiana Siefert	2012
Shot put	16'8"	Amyla Holder	2018
Javelin	48'11"	Hannah Alexander	2014

### 8 & under boys

100m	16.19FAT	Isaac Haile	2022
200m	35.3	Seffrin Smith	2016
400m	1:13.68FAT	Kai Lesnet	2016
800m	2:46	Kai Lesnet	2016
1500m	5:33	Kai Lesnet	2016
Long jump	11'0"	Jack Shinneman	2015
Shot put	18'3.25"	Sam Clark	2014
Javelin	77'2"	Isaiah Wilson	2023

### 9-10 girls

100m	15.2	Kiana Siefert	2013
200m	29.77FAT	Kiana Siefert	2014
400m	1:12.27FAT	Kiana Siefert	2014
800m	2:49.48FAT	Nora McGaughey	2021
1500m	5:38.71FAT	Riley Teurman	2021
Long jump	13'9"	Kiana Siefert	2014
High jump	3'11.25"	Malina Miller	2014
Shot put	22'10.5"	Hannah Alexander	2016
Javelin	63'8"	Hannah Alexander	2016
Triathlon	1029	Kiana Siefert	2014

### 9-10 boys

100m	14.0	Bryant Scott	2016
200m	29.5	Bryant Scott	2016
400m	1:07.00FAT	Kai Lesnet	2018
800m	2:35.06FAT	Kai Lesnet	2018
1500m	5:08	Alec Moor	2016
Long jump	12'8.75"	Stuart Funke	2015
High Jump	3'11.25"	Stuart Funke	2015
Shot put	28'1.75"	Stuart Funke	2015
Javelin	90'8"	Jaxson Jones	2021

Triathlon	569	Stuart Funke	2015
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11-12 girls

100m	13.8	Emily Layton	2014
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200m	30.2	Maria Anderson	2012
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400m	1:09.2	Ellen McCool	2013
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800m	2:26	Maria Anderson	2013
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1500m	5:19.74FAT	Aliyah Yorek	2023
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3000m	11:18.39FAT	Aliyah Yorek	2023
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80m hurdles	14.21FAT	Kiana Siefert	2016
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Long Jump	15'6.75"	Kiana Siefert	2016
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High Jump	4'9.75"	Kiana Siefert	2016
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Shot put	31'11"	Paige Perry	2017
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Discus	65'11"	Paige Perry	2017
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Turbo javelin	65'4"	McKenna Clark	2016
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Aero javelin	80'10"	Arantxa Salazar	2023
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Pentathlon	2565	Kiana Siefert	2016
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11-12 boys

100m	13.63FAT	Zeke Benedict	2019
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200m	26.94FAT	Zeke Benedict	2019
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400m	1:00.83FAT	Zeke Benedict	2019
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800m	2:26.76FAT	Zeke Benedict	2019
1500m	4:53	Luke Shinneman	2015
3000m	10:22	Luke Shinneman	2015
80m hurdles	14.94FAT	Stuart Funke	2017
Long Jump	14'6.75"	Stuart Funke	2017
High jump	4'4"	Preston May	2016
	4'4"	Joel Smits	2023
	4'4"	Elijah Falquist	2023
Shot put	32'6.5"	Stuart Funke	2016
Discus	81'8"	Stuart Funke	2017
Turbo javelin	95'7"	Nate Wright	2014
Aero javelin	89'5"	Sam Clark	2018
Pentathlon	1803	Stuart Funke	2017

### 13-14 girls

100m	13.4	Shelby Tyler	2015
200m	25.7	Maria Anderson	2015
400m	58.21FAT	Maria Anderson	2015
800m	2:22	Maria Anderson	2014
1500m	4:55.05FAT	Julia Score	2021
3000m	10:42.07FAT	Julia Score	2021
100m hurdles	16.11FAT	Hannah Caruana	2016

200m hurdles	30.48	Kiana Siefert	2017
Long jump	16'10"	Maria Anderson	2015
High Jump	5'3"	Malina Miller	2018
Triple Jump	33'10.25"	Kiana Siefert	2017
Pole vault	8'0"	Shelby Tyler	2015
Shot put	36'1"	Hannah Alexander	2019
Discus	81'9"	Hannah Alexander	2019
Javelin	81'5"	Anna Clark	2017
Pentathlon	2645	Kiana Siefert	2017

### 13-14 boys

100m	11.7	Peyton Forbes	2016
200m	25.75FAT	Seffrin Smith	2022
400m	53.66FAT	Zeke Benedict	2021
800m	2:08.48FAT	Jacob Beene	2017
1500m	4:30	Luke Shinneman	2017
3000m	9:35	Luke Shinneman	2016
100m hurdles	15.28FAT	Seffrin Smith	2022
200m hurdles	27.52	Seffrin Smith	2022
2000m steeplechase	7:59.06FAT	Cooper Hapner	2023
Long Jump	19'6"	Peyton Forbes	2016
High Jump	5'11.5"	Peyton Forbes	2016

Triple Jump	35'5.25"	Alex Foster	2013
Shot put	38'1.25"	Stuart Funke	2019
Discus	113'10"	Stuart Funke	2019
Javelin	108'0.5"	Isaac Ober	2022
Pole Vault	9'0"	Brandon McQuinn	2014
Pentathlon	2369	Seffrin Smith	2022

15-16 girls

100m	13.34FAT	Hannah Caruana	2017
200m	27.01FAT	Hannah Caruana	2018
400m	1:03.86FAT	Jaydi Jones	2021
800m	2:42.27FAT	Brynn Eaton	2017
1500m	5:14.21FAT	Margie Kempson	2023
3000m	11:20.65FAT	Margie Kempson	2023
100m hurdles	15.75FAT	Kiana Siefert	2019
400m hurdles	1:13.72FAT	Allison Fenske	2017
2k steeplechase	8:36	Brynn Eaton	2018
Long Jump	17'1.5"	Kiana Siefert	2019
High jump	5'4"	Shelby Tyler	2016
Triple jump	34'3.5"	Kiana Siefert	2019
Shot put	35'0.25"	Hannah Alexander	2021
Discus	129'11"	Hannah Alexander	2021

Hammer	92'10"	Hannah Alexander	2021
Javelin	104'11"	Anna Clark	2019
Pole Vault	10'6"	Shelby Tyler	2016
Heptathlon	3451	Kiana Siefert	2019

15-16 boys

100m	11.83FAT	Seffrin Smith	2023
200m	24.72FAT	Seffrin Smith	2023
400m	54.3	Alex Foster	2015
800m	2:04.94FAT	Josh Moller	2023
1500m	4:25.94FAT	Zeke Benedict	2023
3000m	9:40.92FAT	Zeke Benedict	2023
110m hurdles	16.00FAT	Seffrin Smith	2023
400m hurdles	1:06.24FAT	Isaac Ober	2023
2000m Steeplechase	6:47.71FAT	Isaac Ober	2023
Long Jump	20'3.25"	Peyton Forbes	2018
High jump	6'1.5"	Peyton Forbes	2018
Triple jump	39'4"	Alex Foster	2015
Shot put	36'5.75"	Sam Clark	2022
Discus	98'11"	Sam Clark	2022
Javelin	135'8"	Ted Wright	2014
Pole Vault	11'11.75"	Will Britton	2022

Hammer	108'3"	Ben Collins	2014
Decathlon	4660	Mitchell Conard	2016

17-18 girls

100m	13.41FAT	Hannah Caruana	2019
200m	27.24FAT	Hannah Caruana	2019
400m	1:08.29FAT	Allison Fenske	2018
800m	2:36.72FAT	Juliana Fenske	2019
1500m	5:34	Peyton Ali	2013
3000m	11:27	Peyton Ali	2015
100m hurdles	15.52FAT	Kiana Siefert	2021
400m hurdles	1:15.17FAT	Allison Fenske	2018
2000m Steeplechase	8:12	Peyton Ali	2015
Long Jump	15'5"	Hannah Caruana	2019
High jump	5'8"	Malina Miller	2022
Triple jump	35'2"	Kiana Siefert	2021
Shot put	30'5"	Paige Perry	2023
Discus	81'3.5"	Anna Clark	2022
Javelin	112'9"	Anna Clark	2021
Hammer	78'7"	Anna Clark	2021
Pole vault	7'8.5"	Bethany Hoffman	2016
Heptathlon	3245	Hannah Caruana	2019



### 17-18 boys

100m	11.49FAT	Mitchell Conard	2019
200m	23.32FAT	Mitchell Conard	2018
400m	51.55FAT	Mitchell Conard	2018
800m	2:20	Noah Kochanowski	2014
1500m	4:31	Jack Mennen	2016
3000m	10:04	Josh Hinderliter	2019
110m hurdles	15.58FAT	Mitchell Conard	2019
400m hurdles	1:00.97FAT	Jack Mennen	2015
2000m steeplechase	7:27	Josh Hinderliter	2018
Long Jump	20'7.25"	Mitchell Conard	2018
High jump	5'10"	Andrew Trosen	2019
Triple jump	37'5"	Elijah Turner	2022
Shot put	43'1"	Jack Mennen	2016
Discus	120'7""	Mitchell Conard	2018
Javelin	156'11"	Jack Mennen	2016
Hammer	78'8"	Sam Clark	2023
Pole vault	12'11.5"	Will Britton	2023
Decathlon	6053	Jack Mennen	2016