

FAT time = hand time + .24

Body in Training Club Records

8 & under girls

100m	15.90FAT	Kiana Siefert	2012
200m	33.7	Kiana Siefert	2012
400m	1:20.81FAT	Lola Jones	2023
800m	3:03.60FAT	Macey Huseman	2021
1500m	6:13	Riley Teurman	2019
Long jump	11'9.5"	Kiana Siefert	2012
Shot put	16'8"	Amyla Holder	2018
Javelin	48'11"	Hannah Alexander	2014

8 & under boys

100m	16.11FAT	Isaac Wilson	2026
200m	33.89FAT	Isaac Wilson	2026
400m	1:13.68FAT	Kai Lesnet	2016
800m	2:46	Kai Lesnet	2016
1500m	5:33	Kai Lesnet	2016
Long jump	11'0"	Jack Shinneman	2015
Shot put	20'3.5"	Colt Davis	2026
Javelin	77'2"	Isaiah Wilson	2023

9-10 girls

100m	15.2	Kiana Siefert	2013
200m	29.77FAT	Kiana Siefert	2014
400m	1:11.79FAT	Lola Jones	2025
800m	2:42.94FAT	Kara Peterson	2026
1500m	5:30.17FAT	Kara Peterson	2026
1500m racewalk	9:51.04FAT	Ingrid Girolamo	2025
Long jump	13'9"	Kiana Siefert	2014
High jump	3'11.25"	Malina Miller	2014
Shot put	22'10.5"	Hannah Alexander	2016
<i>Javelin 300g turbo</i>	<i>63'8"</i>	<i>Hannah Alexander</i>	<i>2016</i>
Javelin 250g aero	45'10"	Piper Benedict	2025
Triathlon	1029	Kiana Siefert	2014

9-10 boys

100m	14.0	Bryant Scott	2016
200m	29.5	Bryant Scott	2016
400m	1:07.00FAT	Kai Lesnet	2018
800m	2:35.06FAT	Kai Lesnet	2018
1500m	5:08	Alec Moor	2016
1500m racewalk	12:52.19FAT	Bam Brooke	2026

Long jump	12'8.75"	Stuart Funke	2015
High Jump	3'11.25"	Stuart Funke	2015
Shot put	28'1.75"	Stuart Funke	2015
<i>Javelin 300g turbo</i>	<i>101'7"</i>	<i>Isaiah Wilson</i>	<i>2025</i>
Javelin 250g aero	108'4"	Isaiah Wilson	2025
Triathlon	569	Stuart Funke	2015

11-12 girls

100m	13.8	Emily Layton	2014
200m	30.2	Maria Anderson	2012
400m	1:09.2	Ellen McCool	2013
800m	2:26	Maria Anderson	2013
1500m	5:19.74FAT	Aliyah Yorek	2023
3000m	11:18.39FAT	Aliyah Yorek	2023
80m hurdles	14.21FAT	Kiana Siefert	2016
1500m racewalk	8:36.27FAT	Ingrid Girolamo	2026
Long Jump	15'6.75"	Kiana Siefert	2016
High Jump	4'9.75"	Kiana Siefert	2016
Shot put	31'11"	Paige Perry	2017
Discus	65'11"	Paige Perry	2017
<i>Turbo javelin</i>	<i>65'4"</i>	<i>McKenna Clark</i>	<i>2016</i>

Aero javelin	80'10"	Arantxa Salazar	2023
Pentathlon	2565	Kiana Siefert	2016

11-12 boys

100m	13.63FAT	Zeke Benedict	2019
200m	26.94FAT	Zeke Benedict	2019
400m	1:00.83FAT	Zeke Benedict	2019
800m	2:26.76FAT	Zeke Benedict	2019
1500m	4:53	Luke Shinneman	2015
3000m	10:22	Luke Shinneman	2015
80m hurdles	14.88FAT	Joshua Bingel	2026
Long Jump	14'6.75"	Stuart Funke	2017
High jump	4'7"	Elijah Falquist	2024
Shot put	32'6.5"	Stuart Funke	2016
Discus	81'8"	Stuart Funke	2017
<i>Turbo javelin</i>	<i>95'7"</i>	<i>Nate Wright</i>	<i>2014</i>
Aero javelin	93'10"	Isaiah Wilson	2026
Pentathlon	1803	Stuart Funke	2017

13-14 girls

100m	13.4	Shelby Tyler	2015
------	------	--------------	------

200m	25.7	Maria Anderson	2015
400m	58.21FAT	Maria Anderson	2015
800m	2:22	Maria Anderson	2014
1500m	4:55.05FAT	Julia Score	2021
3000m	10:42.07FAT	Julia Score	2021
<i>100m hurdles 8m</i>	<i>16.11FAT</i>	<i>Hannah Caruana</i>	<i>2016</i>
100m hurdles 8.5m	17.28FAT	Gena Wilson	2024
200m hurdles	30.48	Kiana Siefert	2017
2k steeplechase	8:14.22FAT	Riley Teurman	2024
Long jump	16'10"	Maria Anderson	2015
High Jump	5'3"	Malina Miller	2018
Triple Jump	33'10.25"	Kiana Siefert	2017
Pole vault	8'0"	Shelby Tyler	2015
Shot put	36'1"	Hannah Alexander	2019
Discus	81'9"	Hannah Alexander	2019
Javelin	87'7"	Arantxa Salazar	2024
Pentathlon	2645	Kiana Siefert	2017

13-14 boys

100m	11.7	Peyton Forbes	2016
200m	25.14FAT	Elijah Falquist	2026

400m	53.66FAT	Zeke Benedict	2021
800m	2:08.48FAT	Jacob Beene	2017
1500m	4:30	Luke Shinneman	2017
3000m	9:35	Luke Shinneman	2016
<i>100m hurdles 33"</i>	<i>15.28FAT</i>	<i>Seffrin Smith</i>	<i>2022</i>
100m hurdles 36"	18.33FAT	Benji Girolamo	2026
200m hurdles	27.52	Seffrin Smith	2022
2000m steeplechase	7:19.14FAT	Cole Meister	2026
Long Jump	19'6"	Peyton Forbes	2016
High Jump	5'11.5"	Peyton Forbes	2016
Triple Jump	35'5.25"	Alex Foster	2013
Shot put	38'1.25"	Stuart Funke	2019
Discus	113'10"	Stuart Funke	2019
Javelin	108'1"	Daniel Horner	2026
Pole Vault	9'0"	Brandon McQuinn	2014
Pentathlon	2369	Seffrin Smith	2022

15-16 girls

100m	13.34FAT	Hannah Caruana	2017
200m	27.01FAT	Hannah Caruana	2018
400m	1:03.86FAT	Jaydi Jones	2021

800m	2:42.27FAT	Brynn Eaton	2017
1500m	4:56.63FAT	Margie Kempson	2024
3000m	10:42.99FAT	Margie Kempson	2024
100m hurdles	15.75FAT	Kiana Siefert	2019
400m hurdles	1:13.67FAT	Arantxa Salazar	2026
2k steeplechase	7:27.38	Margie Kempson	2024
Long Jump	17'1.5"	Kiana Siefert	2019
High jump	5'4"	Shelby Tyler	2016
Triple jump	34'3.5"	Kiana Siefert	2019
Shot put	35'0.25"	Hannah Alexander	2021
Discus	129'11"	Hannah Alexander	2021
Hammer	92'10"	Hannah Alexander	2021
Javelin	104'11"	Anna Clark	2019
Pole Vault	10'6"	Shelby Tyler	2016
Heptathlon	3451	Kiana Siefert	2019

15-16 boys

100m	11.83FAT	Seffrin Smith	2023
200m	24.72FAT	Seffrin Smith	2023
400m	54.46FAT	Cameron Wright	2026
800m	2:04.94FAT	Josh Moller	2023

1500m	4:19.14FAT	Nicholas Bragg	2026
3000m	9:19.17FAT	Nicholas Bragg	2026
110m hurdles	16.00FAT	Seffrin Smith	2023
400m hurdles	1:05.72FAT	Isaac Ober	2024
2000m Steeplechase	6:47.71FAT	Isaac Ober	2023
Long Jump	20'3.25"	Peyton Forbes	2018
High jump	6'1.5"	Peyton Forbes	2018
Triple jump	39'4"	Alex Foster	2015
Shot put	36'5.75"	Sam Clark	2022
Discus	98'11"	Sam Clark	2022
Javelin	135'8"	Ted Wright	2014
Pole Vault	11'11.75"	Will Britton	2022
Hammer	108'3"	Ben Collins	2014
Decathlon	4660	Mitchell Conard	2016

17-18 girls

100m	13.41FAT	Hannah Caruana	2019
200m	27.24FAT	Hannah Caruana	2019
400m	1:08.29FAT	Allison Fenske	2018
800m	2:36.72FAT	Juliana Fenske	2019
1500m	4:58.79FAT	Margie Kempson	2026

3000m	10:57.96	Margie Kempson	2026
100m hurdles	15.52FAT	Kiana Siefert	2021
400m hurdles	1:14.01FAT	Margie Kempson	2026
2000m Steeplechase	7:26.44FAT	Margie Kempson	2026
3000m racewalk	25:02.48	Livy Brooke	2026
Long Jump	15'8.25"	Abby Nichols	2024
High jump	5'8"	Malina Miller	2022
Triple jump	35'2"	Kiana Siefert	2021
Shot put	30'5"	Paige Perry	2023
Discus	87'5"	Edyn Brooke	2025
Javelin	112'9"	Anna Clark	2021
Hammer	98'3"	Olivia Perry	2026
Pole vault	8'6"	Norah Graffis	2026
Heptathlon	3245	Hannah Caruana	2019

17-18 boys

100m	11.49FAT	Mitchell Conard	2019
200m	23.32FAT	Mitchell Conard	2018
400m	51.55FAT	Mitchell Conard	2018
800m	2:00.71FAT	Zeke Benedict	2025
1500m	4:11.16FAT	Zeke Benedict	2025

3000m	9:07.14FAT	Zeke Benedict	2024
110m hurdles	14.83FAT	Seffrin Smith	2026
400m hurdles	1:00.97FAT	Jack Mennen	2015
2000m steeplechase	6:33.33FAT	Isaac Ober	2025
Long Jump	21'1.25"	Ewan Shaffer	2025
High jump	6'0"	Danny Ernst	2024
Triple jump	39'10"	Danny Ernst	2024
Shot put	43'1"	Jack Mennen	2016
Discus	120'7'"	Mitchell Conard	2018
Javelin	156'11"	Jack Mennen	2016
Hammer	78'8"	Sam Clark	2023
Pole vault	12'11.5"	Will Britton	2023
Decathlon	6053	Jack Mennen	2016